## What's on the Menu?

Alleghany High School Breakfast: February 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| WG French Toast Sticks Syrup Chicken Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Blueberry Bash Waffles <br> Sausage Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Mini Cinis <br> Spicy Chicken Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Blueberry Muffin with String Cheese Breakfast Sausage Pizza <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Peach Parfait with Granola <br> Cini Mini <br> Assorted Cereal <br> Fruit Assorted Juice Milk |
| 12 | 13 <br> Biscuit with Peppered Gravy <br> Sausage Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | WG Cinnamon Roll <br> Spicy Chicken Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Breakfast Pizza <br> Egg \& Cheese Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Sausage Biscuit <br> Eggo Mini Chocolate Chip French Toast Assorted Cereal <br> Fruit Assorted Juice Milk |
| WG French Toast Sticks Syrup Bacon Egg Cheese Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Blueberry Bash Waffles ${ }^{20}$ Sausage Biscuit Assorted Cereal Fruit Assorted Juice Milk | Mini Cinis <br> Chicken Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Blueberry Muffin with String Cheese Breakfast Sausage Pizza <br> Assorted Cereal <br> Fruit Assorted Juice Milk | Peach Parfait with Granola <br> Cini Mini <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk |
| Mini Cinnamon Waffles <br> Chicken Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Biscuit with Peppered Gravy <br> Sausage Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | WG Cinnamon Roll <br> Spicy Chicken Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Breakfast Pizza <br> Egg \& Cheese Biscuit <br> Assorted Cereal <br> Fruit <br> Assorted Juice Milk | Sausage Biscuit <br> Eggo Mini Chocolate Chip French Toast Assorted Cereal <br> Fruit Assorted Juice Milk |
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[^0] and/or grain, up to two (2) fruit side dishs (one (1) can be a fruit juice, and one (1) milk. Milk choices include skim white, 1\% white, and skim chocolate.


[^0]:    All students must select at least $1 / 2$ cup of fruit with their reimbursable meal. A full student breakfast includes a choice of one (1) entrée supplying protein

